Volume 17, Issue 1

February 2013

Tax Time Information

If you misplace your 1099R or need a copy for your tax preparer, use one of the following methods to request a duplicate. The easiest way to get a copy of your 1099R is using *myPay*, where you can access your account 24/7 from the comfort of your home.

myPay

- 1. Log into myPay.
- 2. On the Main Menu click "Tax Statement."
- **3.** View, print or save your tax statement.

Need Help Getting in to myPay?

If you have problems remembering your login ID or password, click "Forgot Your Login ID?" or "Forgot or Need a Password?" You can also contact *myPay* at 888-332-7411(option 5).

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Board Elections - Directors

March 2013

An election for the three Board Corporation Directors is scheduled for 2013. The AHA Corporation Bylaws proscribes that Officers are elected in even number years (2014) and Directors are elected in odd number years (2013).

The AHA President, John Ruppel, appointed an Election Committee composed of Vice President Lt Col Steve James; Secretary-Treasurer Lt Col Dave Russell; association member at large, Lt Col Jim Rommelfanger; and Newsletter Editor Lynda Fawcett. The committee will be responsible for gathering nominations, distributing, collecting, and counting the ballots. The newly elected Officers will be announced at the Association's annual meeting, the Annual Old Timers Lunch, scheduled for Tuesday, March 12, 2013, at the Castro Valley Loyal Order of Moose Hall, 20835 Rutledge Road, Castro Valley, CA 94546.

All AHA members in good standing may vote for Directors. Ballots have been included in your newsletter – or in your delivery email - if you paid your 2012 membership dues. If your last year's dues were not paid, you are not considered to be in good standing and are not eligible to vote. There are four names on the ballot: CMSgt Stuart Loux, SMSgt Joaquin "Joe" Preciado, CCMSgt Liliana Ramos, and CCMSgt Douglas B. Sale. There is no write-in provision. Please vote for four nominees. The nominees with the highest number of votes will be declared Directors, and will be announced and begin their two-year term at the Old Timers' Luncheon

Please return your email ballot by March 7, 2013, to:

LTFawcett@hotmail.com

The self-addressed stamped ballots should be postmarked by March 7, 2013, and mailed to:

Ms. Lynda Taft-Fawcett c/o Col. John Ruppel 6718 Zerillo Drive Riverbank, CA 95367-2122

Mark and mail your ballots today!

The Prez Sez

The President's Column
COL John L. Ruppel, Jr. (Ret.)

The Association 2013 dues assessment is \$15 and is due by March 12, 2013. Members attending the annual luncheon may combine the luncheon cost and dues with one check. A courtesy dues notice will be emailed to members who have not paid their 2013 dues.

The Newsletter contains Old Timers' Luncheon reservation form, directions to the Castro Valley Moose Lodge, and the luncheon menu. The luncheon will commence at 11:00 AM with an open bar and should end around 3:00 PM. The guest speaker is Doug McNeiley, the Hayward Airport General Manager. He will be speaking on the Museum being built in the new Airport Administration Building. He will be asking for any artifacts members might possess from the early days of the 129TH Hayward tenure.

The Mercantile Store, by popular request, is offering a polo shirt with an embroidered HH-60 a MC 130 or a combination. of the two wing aircraft. The shirts are available by special order only through the Store. Contact Liliana Ramos for ordering information. Samples will be available for viewing at the OTL in March.

The Newsletter contains several Tricare announcements dealing with the new service areas and the new pharmacy copayments.

The Association was notified of the passing Frances P. (Polly) Rosellini on January 4, 2013. The Newsletter contains a memorial piece on Polly Rosellini.

Members in good standing will receive an email election ballot. The Newsletter contains detailed information on voting. Please take a few minutes and vote and please return your ballot.

The Board looks forward to visiting with Association members at the annual luncheon.

John

2012 Scholarship Awards

CCMSgt Liliana Ramos

The Association will award five Wing members \$1,000 scholarships. The Santos, Delucchi, and Koenig scholarships are being awarded with a generous donation from Patricia and Ronald VandenBerghe. The Fuller scholarships are being awarded with a generous donation from Col. Charles Fuller. Col John Ruppel has funded the Ruppel scholarship. The winners will receive their checks during the annual Old Timers Lunch. Congratulations to following Wing members who have been awarded the 2012 scholarships!

BG Albert R. Santos Scholarship

♣ SrA Jacob Ellwood — 129th RQS

SMSgt Donald Delucchi Scholarship

♣ SSgt Cochise Diaz- 129th MXS

BG Charles W. Koenig Scholarship

➡ SSgt Tiffany Garcia – 129th MOF

Col Lina A. Ruppel Scholarship

🖶 SrA Sabrinna Steward – 129th OSF

Col Charles E. Fuller Scholarship

➡ TSgt Kevin Centinaje – 129th MXS

Liliana



Frances P. (Polly) Rosellini 1 August 1934 – 4 January 2013

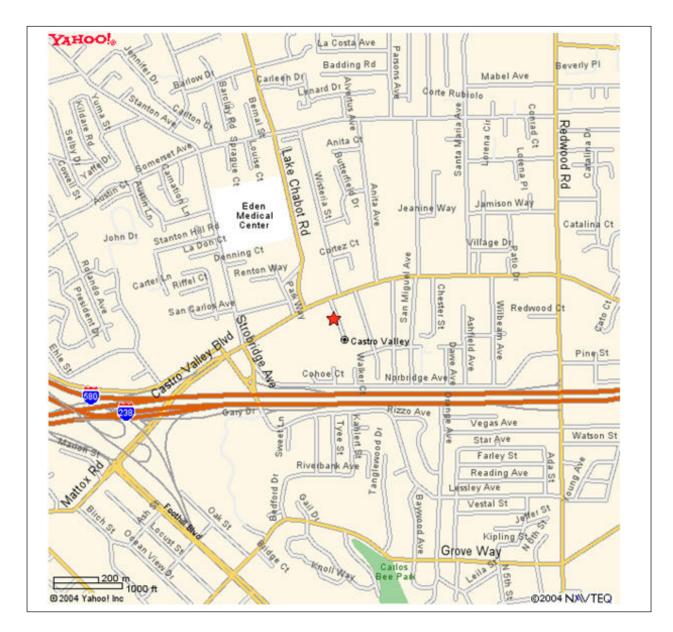


Frances P. (Polly) Rosellini, born August 1, 1934, passed away on January 4, 2013, at the age of 78. After battling dementia for two years, she passed to her resting place. She was born in Snyder, Texas, and attended Mission High School in San Francisco, where she met Albert, her husband of 58 years.

She is survived by her sons Steven and his wife Barbara; Craig and his wife Ellen; daughter Lauri and her husband Marty McFadden. She was blessed with grandchildren Kelly, Corinne, Leah, Amanda, Heather, Reanne, Kyle, and Samantha; as well as two great grandsons, Brayden and Koltyn; eight step-grandchildren; and six step-great grandchildren.

Polly enjoyed being team mother of her children's teams, coaching beginning bowlers in the "Polly's Parrots" league, dancing, working word search puzzles, and bowling. She loved her cats and travelling with her husband to softball tournaments - keeping score and being a faithful fan.

Friends and acquaintances attended a memorial service held January 18, 2013, at the Niles Discovery Church, 255 H St., Fremont, CA (located in the Niles district). In lieu of flowers, donations in Polly's honor can be made to the Odyssey Hospice, 6140 Stoneridge Mall, Suite 175, Pleasanton, CA 94588. This is a short recap of the life of a wonderful person, who will be missed by those who knew and loved her.



Driving Directions to the Castro Valley Moose Hall - 20835 Rutledge Road

- From 580 West
 - Take the Strobridge Avenue Exit
 - Turn Right on Strobridge Avenue
 - Turn Right on Castro Valley Boulevard
 - Turn Right on Rutledge Road.
- From 580 East
 - Take the Castro Valley Boulevard Exit (towards Hayward)
 - Turn Left on Castro Valley Boulevard
 - Turn Right on Rutledge Road



The Annual 129th AHA Old Timers Luncheon

March 12, 2013

Castro Valley Loyal Order of Moose Hall 20835 Rutledge Road (510) 537-0830

1130 Hrs At the Bar

Trim Adjustment, Hangar Flying, Ramp Rumors, Old Buddies Checklist

1215 Hrs Gear Down & Locked Lunch

Roasted Chicken Buffet with all the trimmings - \$25.00

1330 Hrs 129th AHA Annual Meeting

Call to Order, Announcement of New Board Directors,

Presentation of Scholarship Awards

1400 Hrs Invited Guest Speaker

Doug McNeiley – Manager of the Hayward Airport

1430 Hrs Raffle and Social Hour

Spouses and guests are welcome!

P.O.C. Lynda Taft-Fawcett (916) 871-4903

	Reservation Form - Must Be Received (with payment) by March 7, 2013				
Please Reser	ve Ramp Service For:				
Your Name:_					
	Lunch (\$25.00 each)2013 Membership Dues (\$15.00)				
Guest's Name	e:				
Address:					
Phone:	Number of Souls Attending:				
Total Amoun	t Enclosed (\$25.00 per person - Lunch):				
Total Amoun	t Enclosed (\$15.00 – 2013 Membership Dues):				
	Make Check Payable To: 129 th AHA Mail Check and Reservation Form To:				
	Ms. Lynda Taft-Fawcett c/o Col. John L. Ruppel, Jr. 6718 Zerillo Drive				

Dondi's Mercantile Store

129th AHA Merchandise & Apparel

If you would like to order a 129th AHA jacket, we again have jackets in stock. Please contact Liliana Ramos for ordering information.

Want to own a really unique & distinctive shirt or cap to show your affiliation with the 129th AHA? Dondi's Mercantile Store has a healthy stock of 129th AHA related items. Jackets and vests are customized with your name and rank.

All merchandise can be ordered by phone or on-line. Items and prices are shown at right. Shipping and handling are EXTRA.

Order from Liliana Ramos at:

(408) 263-5352 <u>LilRamos@pacbell.net</u> or online at http://www.129aha.org

ITEM	COST	SIZES
Logo Jacket or Vest	\$65 - \$80	
Logo Polo Shirts - Men's & Ladies	\$22	M, L, XL, & 2XL
Logo Baseball Cap	\$15	
Large Jacket Patch	\$10	
Small Shirt / Hat Patch	\$5	
Logo Pin	\$5	

All items can be shipped. Shipping and handling are EXTRA. All items are sent via U.S. Mail.

All profits are used for 129 AHA benefit projects.

Have you moved? Know a former member of the 129th who isn't a member yet?

MEMBERSHIP APPLICATION / CHANGE OF INFORMATION FORM 2013 Dues \$15.00

NAME:	SPOU	SPOUSE:			
ADDRESS:					
CITY:	ST:	ZIP+4:+_			
TELEPHONE:	E-MAIL ADDRESS:				
RANK:	129 TH SERVICE DATES FROM:	ТО			

Please complete the above information and mail to: 129th Alumni & Heritage Association c/o Col John L. Ruppel, Jr. (ret) 6718 Zerillo Dr. Riverbank, CA 95367-2122

If your personal information has changed, PLEASE USE THIS FORM AND NOTIFY US IMMEDIATELY!!

Form is available at www.129aha.org

129th AHA 2013 Election Directors at Large

Since most of our members now receive the newsletter by email, they now have 2 options for voting:

- 1. Reply to the distribution email with your choices marked
- 2. Return this page of the newsletter with your choices marked.

a. Email to: <u>LTFawcett@hotmail.com</u>

b. Mail to: Lynda Taft-Fawcett

6718 Zerillo Drive

Riverbank, CA 95367-2122

Vote for Four (4)

- ☐ CMSgt Stuart Loux (incumbent)
- ☐ SMSgt Joe Preciado (incumbent)
- CCMS Liliana Ramos (incumbent)
- ☐ CCMS Doug Sale (incumbent)

Newsletter Changes

We currently have valid email addresses for almost 90% of our membership, and going forward, newsletters will be delivered only electronically to all members with a valid email. The only paper copies that will be mailed are to those members who have no internet or email access. This will save the Association approximately \$200 per quarter, plus the cost of the annual non-profit mail permit and help preclude a dues increase for a while longer.

This change makes it more important than ever to make sure we have your correct email address. If you change your email address, please be sure to notify us of the change. We still need to keep your physical mailing address current, as well, so please don't forget to keep us on the "need to notify" list.

As usual, you will need Adobe Reader to open the newsletter. You can download the free software at www.adobe.com. Go to Downloads and select "Adobe Reader". When you download the software, be aware that unless you want to download and install Google Chrome as well, you will need to UNCHECK the "Install Google Chrome" box BEFORE you push the "download" button.

Money Talk

The Secretary – Treasurer's Report Lt Col Dave Russell (Ret.)

The annual financial statement is presented below. The dues assessment remains at \$15 for 2013. The Board continued the Scholarship Program award policy limiting awards to the funds generated in any one business year. Additionally, the award amount was maintained at \$1,000 to encourage more applications and insure an adequate reserve is maintained. If you have questions or comments, please contact me by email or at the Old Timers' Luncheon. Your continued support is appreciated.

129th Alumni and Heritage Association Financial Statement - 2012

EXPENSES	2012	INCOME	2012
Membership	\$ 121.27	Memberships	\$ 3,221.00
		Dues Trust	\$ 485.00
Newsletter	\$ 2,667.57		
Scholarships	\$ 6,000.00	Scholarship	\$ 5,905.00
Board Expense	\$ 355.67		
Secretary - Treasurer Expense	\$ 42.00		
Old-timers Lunch	\$ 2,804.00	Old-timers Lunch	\$ 2,375.00
		Returned OTL Cash	\$ 400.00
Mercantile Store	\$ 72.57	Mercantile Store	\$ 207.00
Deployment Bag Project	558.39	Deployment Bag Project	\$ -
Total 2012 Expenses	\$ 12,621.47	Total 2012 Deposit Income	\$ 12,593.00
Total 2012 Deposit Income	\$ 12,593.00	Bank Bal 12/31/11	\$ 16,713.97
Dues Trust Transfer Income	\$ 515.00	2012 Income	\$ 12,593.00
Total 2012 Income	\$ 13,108.00	2012 Expense	\$ 12,621.47
Total 2012 Expenses	\$ 12,621.47	Bank Bal 12/31/12	\$ 16,685.50
2012 +/-	\$ 486.53	Encumbrances:	2013
		Scholarship Program	\$ 13,449.34
		Prepaid Dues	\$ 1,245.00
		Sub Total Encumbrances	\$ 14,694.34
		Unencumbered Bal	\$ 1,991.16
		Funds Total	\$ 16,685.50

Officials Announce TRICARE Prime Service Area Changes

Amaani Lyle

American Forces Press Service Release No. 01-03-13 Jan. 11, 2013

WASHINGTON (AFRNS) – Retirees and their dependents will be affected when long-delayed reductions to areas where the TRICARE Prime option is offered take place Oct. 1, 2013, TRICARE officials said Jan. 9.

As TRICARE seeks to synchronize service area shifts once staggered by contract delays, some military retirees and their dependents will be moved to TRICARE Standard coverage. Those affected reside more than 40 miles from a military treatment facility or base closure site.

Active-duty service members and their families will be unaffected.

The new contracts limit Prime networks to regions within a 40-mile radius of military treatment facilities and in areas affected by the 2005 base closure and realignment process. But provisions will allow Prime beneficiaries who see providers outside the 40-mile service area to remain in Prime if they reside within 100 miles of an available primary care manager and sign an access waiver.

The networks are required to connect providers to those who elect to waive their drive standards. Contractors such as United HealthCare Military & Veterans, Health Net Federal Services and Humana Military will continue to assist beneficiaries in obtaining providers in their regions.

The out-of-pocket, fee-for-service cost of TRICARE Standard will cost a bit more, depending on the frequency of health care use and visits. No cost applies for preventive care such as mammograms, vaccines, cancer screening, prostate examinations and routine check-ups.

Officials estimate the changes will lower overall TRICARE costs by \$45 million to \$56 million a year, depending on the number of beneficiaries who choose to remain in Prime.

Beneficiaries should speak to their health care providers and families to assess the best course of action. (Courtesy of TRICARE)

TRICARE Prescription Costs

Prescription costs are based on the type of prescription and where it's filled.

Military Pharmacy

- \$0 copayment for up to a 90-day supply of most medications.
- Not all medications are available at military pharmacies. Call first to check availability.
- Non-formulary medications are not usually filled at military pharmacies.

Home Delivery

You may receive up to a 90-day supply for most prescriptions at the following costs:

- > \$0 for generic formulary medications
- > \$13 for brand-name formulary medications
- \$43 for non-formulary medications, unless you establish medical necessity

Network Pharmacy

You may receive up to a 30-day supply of most medications at the following costs:

- \$5 for generic formulary medications
- \$17 for brand-name formulary medications
- > \$44 for non-formulary medications, unless you establish medical necessity
- If you want to have a 90-day prescription filled, you will pay the copayment for each 30-day supply.

Non-Network Pharmacy

You'll pay more to have prescriptions filled at non-network pharmacies (including host nation pharmacies) and costs vary based on your plan and the type of prescription.

- > Active duty service members will receive a full reimbursement after they file a claim.
- All others enrolled in a Prime option pay 50% cost share after the point of service deductible is met.
- Beneficiaries using Standard/Extra, TRICARE Reserve Select, TRICARE Retired Reserve or TRICARE Young Adult pay:
 - o Formulary-Generic or Brand Name: \$17 or 20% of the total cost, whichever is greater, after the annual deductible is met
 - Non-Formulary: \$44 or 20% of the total cost, whichever is greater, after the annual deductible is met

OFFICERS OF THE ASSOCIATION AND BOARD OF DIRECTORS

PRESIDENT

Col John L. Ruppel, Jr. – (209) 869-2879 <u>J-L.Ruppel@att.net</u>

VICE PRESIDENT

LTC Steven L. James – (925) 974-1820 SLJames@backgroundprofiles.com

SECRETARY - TREASURER

LTC David P. Russell – (209) 551-8077 dprussell1@sbcglobal.net

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SMSgt Joaquin "Joe" Preciado grumpy4lif@comcast.net

CCMS Liliana Ramos – (408) 263-5352 LilRamos@pacbell.net

CCMS Douglas B. Sale – (408) 786-9339 douglas.sale@sbcglobal.net

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CCMS Liliana Ramos – (408) 263-5352 LilRamos@pacbell.net

129TH RQW MILITARY LIAISON

CMS Stuart Loux – (650) 417-5671 RESQLM@hotmail.com

Newsletter Editor

Lynda Taft Fawcett – (916) 349-1019 LTFAWCETT@hotmail.com

Are You Missing in Action?

Dead Letter Department

Have you moved recently - or not so recently? Do we have your correct mail and e-mail addresses & phone number? Please let us know when you move or change your email address.

The newsletter is mailed out with a request for address correction. The post office does not forward the newsletter to you — nor do they return it to us. They charge us 75¢ for providing your forwarding address. Then we update your file, but you do not get a newsletter until next edition. Total additional cost to the association is nearly \$1.00 per returned newsletter.

Please take a moment to remember the 129th AHA when you notify your correspondents of your new address – or when you change your email address. A member information form is included in every issue.

Col. John L. Ruppel, Jr. (Ret.) 6718 Zerillo Drive Riverbank, CA 95367-2122

E-mail: <u>J-L.RUPPEL@ATT.NET</u>



Don't Forget to Vote! IJTO sat to nov see



ADDRESS SERVICE REQUESTED

First Salar Salar

129" Alumni & Heritage Assn. C/O Col John L. Ruppel, Jr. (Ret) 6718 Zerillo Drive Riverbank, CA 95367-2122